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Tuesday, June 18, 2013 www.metro.us | t: MetroNewYork | f: MetroNewYork



Recycling. Bloomberg is launching a mandatory food-composting plan for all five boroughs. **Big impact.** The program will initially reach more than 100,000 homes and cut down on the 1.2 million tons of waste that the city produces annually. **Rotten idea?** Some say it will increase the risks of vermin. PAGE 02

Mayor says: Think dirty



Composting could be the newest Big Apple trend. / GETTY IMAGES

Weisberger is back in devilish 'Prada'

PAGE 19

Dancing in Paris Hilton's heels

PAGE 18

The weather has been a 'Comedy of Errors'

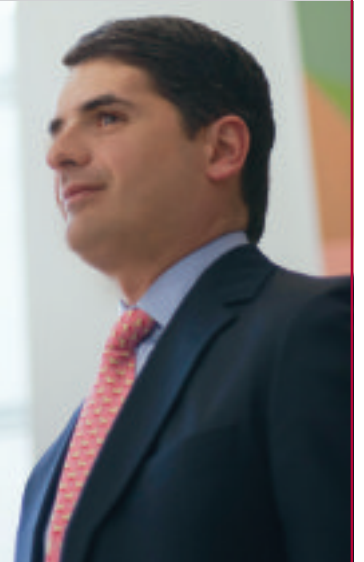
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Parents: Beware this summer scare

PAGE 28



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NEWS



Top 3

Trending online at Metro.us

1 Video: 'Miss USA's Utah flubs answer in a hilariously bad way'

2 'Bacon bullets: Can they deter Islamic terrorism?'

3 Video: 'Monkey buys drink from vending machine, returns the change'

Quoted

"It doesn't make sense to mandate that all New York residents save their rotting food."

JEFF STIER

Politics



Sheldon Silver
GETTY IMAGES

Poll: NY voters want Silver to step down

A new poll reveals that New York voters want Assembly Speaker Sheldon Silver to step down because of the way he handled sexual harassment allegations against former Assemblyman Vito Lopez.

According to the Siena College poll, 52 percent of voters said they believe Silver should step down from his post.

LAURA SHIN

Dining out

Restaurant Week comes to Bushwick

Thanks to two longtime Bushwick residents, a special Restaurant Week for the often-overlooked neighborhood kicked off yesterday and will run through June 22.

Bob Murray and Nick Gilbert joined forces to put together a Bushwick-specific dining extravaganza.

More than 30 restaurants are signed on, the organizers say.

DANIELLE TCHOLAKIAN



A person turns in his food composting on Monday afternoon at the Union Square Farmer's Market. / KEVIN DOWNS

NYC preps for city composting plan

Going green. The mayor is backing a food-composting program.

New Yorkers may no longer be able to throw their potato peels or eggshells in the trash; Mayor Michael Bloomberg has a plan in the works for a food-composting plan for all five boroughs.

Bloomberg first announced the plan in his State of the City address in February, as part of the city's aim to divert 30 percent of the city's waste from landfill by 2017.

"By recycling food waste, we can cut down on the total amount of trash we send to landfills and put it to better use as compost for community gardens or even energy," said Deputy Mayor for Operations Cas Holloway.

The program is set to launch in all five boroughs this fall and reach more than 100,000 homes, averaging 25,000 per borough, according to Bloomberg spokesman John McCarthy.

McCarthy said organic waste makes up about 35 percent of the city's total waste, and totaled 1.2 million tons in 2012. Getting that waste to landfills cost the city \$100 million.

Not everyone is thrilled. Jeff Stier, New York City-based director of the Risk Analysis Division of the National Center for Public Policy Research, a conservative thinktank, called the plan "a rotten idea for the Big Apple."

"Consider the increased risks from disease carrying vermin — a problem the city still hasn't conquered — from all of the pre-compost material sitting around our dense living spaces, not going out with the trash each night," he said.

DANIELLE TCHOLAKIAN
danielle.tcholakian@metro.us

Start a compost bin

- Choose a compost bin.
- Add food to your compost bin.
- Check your compost bin's moisture.
- Turn your compost pile.
- Mix up your compost at least once every two weeks.
- When it has an earthy smell, it's suitable to use.

NYC Department of Sanitation

Power outage

Explosion outside of Apple store

A manhole cover explosion and transformer fire happened in front of the 14th Street Apple store at 1:52 p.m. on Monday afternoon.

Police stated that there were no injuries resulting from this incident.

DANIELLE TCHOLAKIAN

Queens. FBI digging at home of deceased 'Goodfellas' mobster

The FBI started digging for a body Monday at the former Queens home of mobster James "Jimmy the Gent" Burke, according to a report from DNAinfo New York.

Burke was the inspiration for Jimmy "The Gent" Conway in the Martin Scorsese film "Goodfellas," played by

Robert DeNiro.

The FBI reportedly received a tip that a person who disappeared decades ago was buried there.

A spokesperson with the FBI told Metro that the Bureau is doing a search for evidence in connection with an FBI investigation.

DANIELLE TCHOLAKIAN

NYPD. Apparent murder-suicide on the Upper West Side

Cops responded to a 911 call about 11:15 a.m. Sunday to find a man and a woman dead in an Upper West Side apartment, police reported.

The deceased have been identified as Florenciana Martinez, 44, and Edwin Rodriguez, 58. Martinez was a resident at the apartment where

the two were found.

Cops said the incident is being investigated as a murder-suicide.

Martinez was found in the bedroom, cops said, and Rodriguez was in the bedroom as well.

There were no signs of forced entry into the apartment.

DANIELLE TCHOLAKIAN

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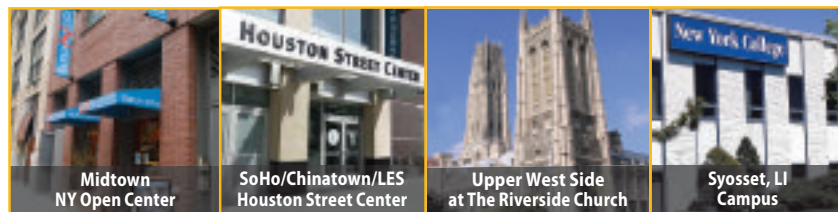
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Dissident says China put pressure on NYU

Human rights. A dissident scholar at NYU claims the school is folding to outside influences.

A Chinese dissident who fled his home country to become a visiting scholar at New York University accused the school of asking him to leave because of "unrelenting pressure" from China.

NYU denied the claim, saying that it had said last year before blind dissident Chen Guangcheng arrived that his fellowship would only last up to a year and that it would end sometime this summer.

Chen sparked a diplomatic crisis between the United States and China



Chinese dissident Chen Guangcheng is in an argument with NYU. / GETTY IMAGES

All good things

"Mr. Chen's fellowship at NYU and its conclusion have had nothing to do with the Chinese government. All fellowships come to an end."

John Beckman, NYU spokesperson

after he fled house arrest last year and sought refuge at the U.S. Embassy in Beijing. NYU helped Chen come to the United States after he expressed fears for his family's safety if they were to remain in China.

In a statement, Chen thanked NYU for its hospitality and "good support," but also accused it of giving in to pressure from the Communist Par-

ty of China.

Chen, who has been blind from childhood and taught himself law, was a campaigner for farmers and disabled citizens. He exposed forced abortions in China before he was placed under house arrest in Shandong province.

He has continued to be critical of his home country China's human rights record since his arrival in New York in May 2012 with his wife and two children.

Jerome Cohen, an NYU law professor and friend of Chen who helped him broker his departure from China, said that "we should all base accusations on facts, not speculation and conspiracy theories unsupported by facts," when asked for a response to Chen's remarks. **REUTERS**



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Hero. Off-duty cop shot in struggle with suspect in Queens

An off-duty NYPD officer was shot late Sunday night as he tried to break up a domestic violence dispute in Queens, police said.

Joseph Koch was leaving a party when an 11-year-old boy came out of a nearby home shouting for help, saying his mother was being assaulted inside, cops said.

The boy's mother reportedly told police that the assailant broke into her apartment and burst into the room where she was with her son. The attacker reportedly began punching the woman in the face repeatedly, she told police.

Cops said her son tried to stop his mother's alleged attacker, but the attacker knocked him to the ground.

The victim said that Koch had his gun drawn and told her assailant to put his hands up, but the



Joseph Koch / NYPD

assailant lunged at the officer, attacking him.

The two struggled for the gun and three shots were fired, police said.

Koch was struck in his left hand and the suspect was struck in the abdomen. Both Koch and the suspect were taken to Jamaica Hospital.

The suspect, who has been identified as Jose Bernazard, 40, has been charged with five counts of assault.

DANIELLE TCHOLAKIAN

Weiner: Wife will join campaign trail 'soon'



Anthony Weiner's wife, Huma Abedin, is reportedly too busy to be on her husband's campaign trail. / GETTY IMAGES

Election 2013. The mayoral contender said his wife will be active in the race.

Anthony Weiner, campaigning with his fedora-clad toddler on Father's Day, promised that voters can expect to see his wife, Huma Abedin, on the campaign trail "soon enough."

"She's very busy," Weiner reportedly said.

Meanwhile, Sen. Chuck Grassley (R-Iowa) has reportedly sent a letter to Abedin and current Secretary of State John Kerry, questioning Abedin's holding two jobs in politics.

Abedin reportedly earned a six-figure salary as a political consultant at the same time that she was working as an aide

for ex-Secretary of State Hillary Clinton. Grassley is questioning whether Abedin disclosed the consulting gig and salary.

Weiner reportedly said it was all above board, and he and his wife have "perhaps a couple of the most financially transparent lives that there is."

"I gotta tell you, the American people have gotten a real bargain for her service," Weiner added. "She works, frankly, 24/7."



DANIELLE TCHOLAKIAN
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Hard worker

"I gotta tell you, the American people have gotten a real bargain for her service," Weiner

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Supreme Court invalidates Ariz. voter registration law

Ruling. Democrats say the measures are intended to make it difficult for certain voters to cast ballots.

The Supreme Court struck down an Arizona law that required people registering to vote in federal elections to show proof of citizenship, a victory for activists who say it discouraged Native Americans and Latinos from voting.

The state law was strongly opposed by the Mexican American Legal Defense and Education Fund and Indian tribes. They said it deterred legal voters who did not have the required paperwork from registering to vote.

Nina Perales, vice president of litigation at MAL-DEF, said the ruling "sends a strong message that states cannot block their



Federal law requires prospective voters to provide one of several possible forms of identification, such as a driver's license or a passport, but no proof of citizenship is needed. Would-be voters simply sign a statement saying they are citizens. / GETTY IMAGES

Vote

7-2

In a 7-2 vote, the court said the voter registration provision of the 2004 state law, known as Proposition 200, was trumped by a federal law, the 1993 National Voter Registration Act.

citizens from registering to vote by superimposing burdensome paperwork requirements on top of federal law."

The ruling will affect three other states — Georgia, Alabama and Kansas — that have similar laws, and prevent others that may have wanted to follow suit from enacting legislation along the same lines.

While issuing its ruling, the court made clear that Arizona could still have other ways to assert its argument that it should be allowed to ask for proof of citizenship. That would be the subject of separate litigation, it wrote. **REUTERS**

G8. Putin, Obama face off over Syria; rebels get Saudi missiles

Rebels fought to halt an advance by President Bashar al-Assad's forces into northern Syria yesterday while President Barack Obama faced a showdown with Russia's Vladimir Putin over Obama's decision to arm the insurgents.

New evidence emerged of escalating foreign support for the rebels, with a Gulf source telling Reuters

that Saudi Arabia had equipped fighters for the first time with shoulder-fired anti-aircraft missiles, their most urgent request. Rebels said Riyadh had also sent them anti-tank missiles. European nations backing the rebels would "pay the price" if they joined those sending weapons to Syria, Assad told a newspaper. **REUTERS**

Report

Governor billed taxpayers for dog vitamins

Virginia Gov. Bob McDonnell and his wife used taxpayer money to pay for sunscreen and dog vitamins, the Washington Post reported yesterday, a disclosure that comes as the Republican

leader is said to be under scrutiny by the FBI. The newspaper, citing spending records it obtained under the Freedom of Information Act, also said the McDonnells used state employees to run personal errands for their adult children and billed the state for deodorant, shoe repairs and a "detox cleanse." **REUTERS**

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Mob mystery

FBI digs up field near Detroit in search for Jimmy Hoffa's body

The latest search for former Teamsters boss Jimmy Hoffa, who disappeared in 1975 in what law enforcement officials believe might have been an organized crime hit, brought investigators

yesterday to an overgrown vacant field in suburban Detroit.

A bulldozer drove onto the property and video shot from a helicopter by Detroit television station WDIV showed FBI agents with shovels digging at the ground in a bid to find the remains of the union leader, whose dramatic life story inspired the



FBI agents direct a vehicle carrying machinery to a field yesterday to dig for the possible remains of Jimmy Hoffa. / GETTY IMAGES

1992 movie "Hoffa," starring Jack Nicholson.

FBI special agent Robert Foley confirmed the search on a property in Oakland Township about 45 miles north of Detroit, but declined to provide further details.

"Because this investigation is an open investigation and because the search warrant is sealed, I will not be able

to provide any additional details regarding our activity here this morning," Foley told reporters gathered at the site.

The property is being searched because Tony Zerilli, 85, the son of reputed former Detroit mob boss Joseph Zerilli, told WDIV in January that Hoffa, 62, was buried there.

REUTERS

Snowden. Leaker says he cannot get a fair trial in US system

Quoted

"Being called a traitor by Dick Cheney is the highest honor you can give an American, and the more panicked talk we hear from people like him ... the better off we all are."

Snowden in a question-and-answer session with readers on the website of Britain's Guardian



Snowden said he decided to leak the details in part out of his disillusionment with Obama's failure to live up to some of his 2008 campaign promises. / GETTY IMAGES

The former National Security Agency contractor who revealed the government's top-secret phone and Internet surveillance programs said in an online forum yesterday that he did not expect to get a fair trial in the United States.

In a question-and-answer session with readers on the website of Britain's Guardian newspaper, Snowden said his disappointment with President Barack Obama helped spur his decision to reveal the monitoring of Americans' phone and Internet data kept by big companies such as Google and Facebook.

"The U.S. government, just as they did with other whistleblowers, immediately and predictably destroyed any possibility of a fair trial at home, openly declaring me guilty of treason and that the disclosure of secret, criminal

and even unconstitutional acts is an unforgivable crime. That's not justice," he told the online forum.

The revelations by Snowden have led to a criminal investigation, and U.S. officials promised last week to hold Snowden accountable for leaking details of the surveillance to the Guardian and the Washington Post.

The resulting controversy has ignited a renewed debate about the proper balance between privacy rights and national security, and Snowden has been called both a traitor and a hero for his actions.

Former Vice President Dick Cheney was the latest to call Snowden a traitor, but Snowden called that a badge of honor.

He said he took care not to reveal any U.S. operations against military targets. REUTERS



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Royalty. Baby to give almost \$400M bump to British economy

From Union Jack booties to "Born to Rule" sleepwear, the British royal family has joined retailers in offering baby products to mark the arrival of the royal heir.

Analysts estimate the baby fever could boost the economy by \$380 million.

A baby sleep suit modeled on a guardsman's outfit is one of the gifts on sale at palace shops by the Royal Collection Trust,

which uses all profits for the upkeep of the royal palaces.

Prince Charles, the grandfather-to-be, is selling handmade baby shoes through a shop on his country estate Highgrove, while the mother-to-be's parents, Carole and Michael Middleton, have added a range of baby goods to their party goods business.

REUTERS



The birth of the royal baby — and subsequent memorabilia sales — is the latest in a run of royal events. / GETTY IMAGES

Turkey could deploy army to quell protests

Unrest. What began as a protest against building on a park has grown into a movement against Erdogan

Turkey's deputy prime minister said yesterday the armed forces could be called up if needed to help quell popular protests that have swept Turkish cities in the last two weeks, the first time the possibility of a military role has been raised.

Bulent Arinc made the remarks in Ankara, where 1,000 striking trade union workers faced off briefly against police backed by several water cannons, before police retreated and the crowd left.

In Istanbul, the cradle of protests that have present-



Anti-government protesters demonstrate in central Ankara yesterday. / GETTY IMAGES

ed Prime Minister Tayyip Erdogan with the greatest public challenge to his 10-year leadership, several hundred union members also marched in sympathy with anti-government demonstrations.

They were prevented

from entering Taksim Square, the focal point of the unrest, but after workers had moved off, between 200 and 300 mainly young protesters — some of them throwing stones from slingshots — fought with police.

REUTERS

Election

Poll shows rising support for Turkish opposition amid protests

Support for Turkish Prime Minister Tayyip Erdogan's AK Party has held steady despite weeks of anti-government protests, but opposition parties have seen their popularity rise, according to a poll.

Asked how they would vote if an election were to be held now, 35.3 percent of respondents in the MetroPoll survey said they would choose the Islamist-rooted AK Party. REUTERS

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Bulger trial. Former associate testifies of drive-by killings

A former criminal associate of James "Whitey" Bulger told jurors hearing the accused mob boss' murder and racketeering trial yesterday about killing rivals in drive-by shootings as his friend rose to power in Boston organized crime circles.

John Martorano, 72, is the first of Bulger's former associates to take the stand in Boston federal court, where Bulger is being tried on charges including racketeering and 19 murders he committed or ordered while running Boston's "Winter Hill" crime gang in the 1970s and '80s.

Martorano, who spent 12 years in prison for 20 murders he confessed to, recounted several execution-style killings of Bulger rivals and people mistaken for them, in which he served as gunman while Bulger drove a backup car.

The night of Dec. 1, 1973, when the crew set off to kill rival James

Murders

19

Bulger is being tried on charges including racketeering and 19 murders he committed or ordered while running Boston's "Winter Hill" crime gang in the 1970s and '80s.

O'Toole, was different, Martorano said.

"This night here, Whitey wanted to do the driving, so he came with me," Martorano recalled. Bulger, who served as lookout while Martorano got out of the car and gunned O'Toole down with a machine gun, had to wave off a passerby who came walking down the street, Martorano said. **REUTERS**

On the run

1994

Bulger fled Boston after a 1994 tip from a corrupt FBI agent that his arrest was imminent. On the run, he was on the FBI's "most wanted" list.



Immigration chief resigns

The director of the U.S. Immigration and Customs Enforcement agency said yesterday that he will step down at the end of July to go to the private sector after heading the agency for four years. John Morton has served as director of ICE since May 2009. / **REUTERS. GETTY IMAGES**

Supreme Court

Justices to hear New Jersey fair housing case

The Supreme Court agreed yesterday to consider whether a New Jersey township's plan to redevelop lower income housing violated the Fair Housing Act because it would reduce affordability for minorities.

In weighing the lawsuit filed by Mount Holly Gardens Citizens in Action against the township of Mount Holly, the court will decide whether the statute allows for claims based on seemingly neutral practices that have a discriminatory effect.

The Fair Housing Act, passed in 1968 to prohibit bias based on race in the sale or rental of hous-

ing and related services, does not explicitly allow so-called disparate impact claims. Courts are divided on whether such claims can be made. The Supreme Court has never ruled on the issue.

The dispute arose in 2002 when the township decided to redevelop an area known as Mount Holly Gardens due to a high crime rate, poor mainte-

nance and other problems. The 30-acre neighborhood was 75 percent minority in 2000. The town in 2000 was 67 percent non-Hispanic white.

The residents complained that the new proposed market-rate housing would be financially out of reach for them. They said white people would be better able to afford the new units. **REUTERS**

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Socialite. Astor's son, 89, going to jail after losing mercy plea

The 89-year-old son of late New York socialite Brooke Astor lost a final attempt to avoid prison when a judge rejected the argument that Anthony Marshall was so old he would likely die behind bars.

Manhattan Supreme Court Justice Kirke Bartley declined to throw out Marshall's one- to three-year sentence because a higher court, the state Supreme Court's Appellate Division,

had already rejected the argument that Marshall should be spared because of age and illness.

Marshall was convicted of stealing millions of dollars from his ailing mother before her death in 2007. A jury found him guilty on 14 of 16 counts after prosecutors presented a case accusing him of looting his mother's estate while she suffered from Alzheimer's disease. **REUTERS**

Fund for victims

Nearly 250 apply for Boston bomb charity money

Nearly 250 people have applied to receive money from a \$51 million charity fund set up for victims of the Boston

Marathon bombing, the fund's deputy administrator said yesterday.

Twin explosions at the finish line of the world-renowned race on April 15 killed three people and injured 264 others, many of whom lost legs in the blasts. **REUTERS**

FBI rushes to Newark airport after poison threat on plane

Air scare. A flight was en route from Hong Kong to Newark Airport when a passenger became disruptive.

A passenger who screamed that he had poison aboard a plane that was headed for New Jersey's Newark airport yesterday was taken into custody by FBI agents when the plane landed, law enforcement officials said.

"A passenger got up and started screaming something to the effect that there was poison," said FBI Special Agent Luis Rodriguez.

He said the passenger was taken into custody and transported to a local hospital for evaluation.

The U.S. Centers for Disease Control "cleared the plane," Rodriguez said.



The incident happened on a United Airlines flight, which landed in Newark Airport yesterday. / FLICKR

Quoted

"A passenger got up and started screaming something to the effect that there was poison."

FBI Special Agent Luis Rodriguez

He said witnesses were being interviewed by the FBI and Port Authority Police

detectives.

United spokeswoman Mary Clark said in a statement that the plane's "crew followed procedures and the flight landed safely and without incident just after 1:30 p.m. Authorities met the aircraft, and the 238 customers deplaned normally at the gate an hour after landing."

Rodriguez declined to confirm media reports

that the passenger, who was not publicly identified, claimed to have poisoned others.

"I haven't received any type of information that anybody has gotten sick on that flight," Rodriguez said, adding that the passenger would be questioned by authorities. No further details about the passenger were available, he said. **REUTERS**

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43 percent of students are looking for people to mentor them. Your mentors should be those who have a career and lifestyle that you aspire to. You can find them online using sites like www.linkedin.com and www.twellow.com

prepared. Colleges can provide you with resources, but you need to be aggressive and tap into them. You also need to be accountable for your own career and leverage the tools and connections in front of you.

Use your college's alumni network

Instead of walking into career services asking for them to review your resume and cover letter, ask them to make alumni introductions for you. You can learn about your desired job and have someone who can refer you to that position.

Use virtual learning tools

There are many free and



Many websites can further your education. / BLEND IMAGES

paid tools available to you at the click of your mouse. For example, www.udemy.com offers free or low-cost courses on a variety of topics, in-

cluding social media and product development. The site www.coursera.org offers free courses from more than 30 top colleges.

Use conferences to build relationships

Forty percent of students believe that their reliance on technology has hurt their interpersonal skills, so get out there and meet people in real life. Use www.eventbrite.com and www.conferencealerts.com to find the right events to attend.

Use unpaid internships to get paid ones

About 52 percent of students want better access to internships. The best way to get a paid internship is by taking an unpaid one, proving yourself and using the results to convince a company to pay you.

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Post-graduation



Degree numbers may not meet workforce needs. / COMSTOCK

College degree rate rises, but remains short of future needs

The percentage of working-age U.S. adults who hold a college degree has increased incrementally during the last few years, but at a pace well short of what is needed to meet future workforce needs, a report released on Thursday said.

The report, published by the Lumina Foundation, showed that 38.7 percent of Americans held a two- or four-

year college degree in 2011, the most current year for which data is available, up from 38.3 percent in 2010 and 38.1 percent in 2009.

At the current trajectory, the rate for adults ages 25 to 64 will reach 48.1 percent in 2025, the study said. That is well short of a 60 percent goal set by the study's authors.

The study was based on data from the American Community Survey, a sample of a small percentage of the population compiled each year by the Census Bureau.

The president of the Indiana-based Lumina

Foundation, Jamie Merisotis, said in the report that gaps in educational achievement are linked to race, income and class and reflect "persistent inequities that have dogged us for decades."

Merisotis, whose organization promotes higher education, also said first-generation status, military service and current employment contributed to challenges in increasing the percentage of college-educated adults. The Lumina Foundation made grants totaling \$30 million in 2012, according to its website. **REUTERS**

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CULTURE



Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Amanda Bynes is planning to tweet less, Roseanne Barr isn't feeling too safe, Ricki Lake is catching up on TV and Lena Dunham is trying to keep up with current events.

@AmandaBynes: Quality Over Quantity

@TheRealRoseanne: just experienced my fourth earthquake in six weeks-omg

@RickiLake: I know I'm a little late, but Downton Abbey is soooooo good.

@lenadunham: Can someone tell me whether we're supposed to be offended by Johnny Depp's portrayal of Tonto or not? Must know for dinner parties/twitter.

Sharon and Ozzy: What divorce?



Despite rampant rumors that Ozzy and Sharon Osbourne are divorcing, the two looked very cozy on Sunday night at the 40th annual Daytime Emmy Awards in Beverly Hills, Calif.

Allegations have swirled since April that the long-married pair are living separately, with Ozzy in a rented Beverly Hills mansion and Sharon at the Beverly Hills Hotel. "They are living at different addresses and not spending any time together," a source told the Sun. And it was Ozzy who

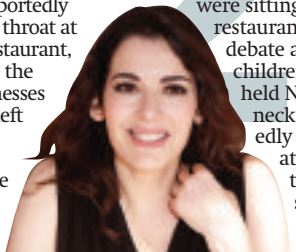
says that the separation is due to his drug use. "For the last year and a half, I have been drinking and taking drugs," Ozzy wrote on his Facebook page in April. "I was in a very dark place and was an a—hole to the people I love most, my family. However, I am happy to say that I am now 44 days sober. Just to set the record straight, Sharon and I are not divorcing. I'm just trying to be a better person."

And now look at them on a date night at the Emmys. All together now: "Awwwww!"

Lawson: Choking or a 'playful tiff'?

Police are investigating an apparent incident between celebrity chef Nigella Lawson and her husband, advertising executive Charles Saatchi, during which he reportedly grabbed her throat at a London restaurant, according to the Mirror. Witnesses say Lawson left the lunch in tears. "Officers from the Community Safety Unit

in Westminster are aware [of the incident]," a police spokesperson says. But Saatchi insists it was just a "playful tiff," telling the Evening Standard, "We were sitting outside a restaurant having a debate about the children, and I held Nigella's neck repeatedly while attempting to emphasize my point."



THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us



Drake abstains from sex?

Despite his looks, talent, sex appeal, tons of cash and being known via just one name — a la Cher — Drake (Aubrey Drake Graham) isn't giving up for just any old hussy who comes along.

"You know the way fighters don't f— before the fight? Sometimes I feel like I'm so focused on training my body and getting my mind right to create this album that sex isn't one of my main priorities," the rapper tells GQ in the July issue about his forthcoming album, "Nothing Was The Same." "If someone is around that I know and trust, I'm down. But I'm not going to end up with some stranger at this party."

Fascinating. So that several-year dry spell I hit was totally because I was focused on my career? Nice.

Pitt on Jolie: 'Business as usual'

Brad Pitt says Angelina Jolie is recovering from her voluntary double mastectomy and that it's "business as usual" following the treatment. "Her focus now is that all people have access to testing. If you do your research, it doesn't have to be scary — it can be an empowering thing," Pitt told "Good Morning America" while promoting "World War Z," his latest film. "It's business as usual, she's doing great. When she wrote [her New York Times essay], we had already come out the other end."



See you soon, plus an heir

Kate Middleton made her final public appearance this weekend before the birth of her first child, due next month. Flanked by her husband, Prince William, and her brother-in-law, Prince Harry, the Duchess of Cambridge smilingly observed the Trooping of the Colors parade in celebration of the Queen's birthday, dressed in a pink coat and hat. Kate and William's child is due in mid-July.

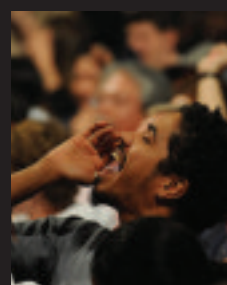
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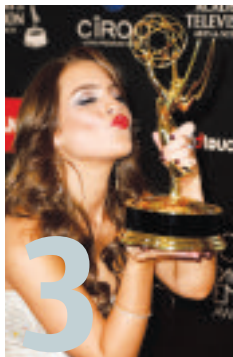


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'Talk' that walk

1 The ladies of the CBS morning show "The Talk," **Sheryl Underwood**, **Sara Gilbert**, **Sharon Osbourne**, **Aisha Tyler** and **Julie Chen**, walked the red carpet.

Funny man

2 Talk show host/comedian **Steve Harvey** and his wife, Marjorie, arrived at Sunday night's Daytime Emmy Awards.

Viewer discretion

advised

3 "General Hospital" actress **Kristen Alderson** showed her award for Outstanding Younger Actress in a Drama Series some love after the show.

Doctor, doctor

4 **Dr. Drew Pinsky** and **Dr. Oz** posed together on the red carpet before the awards show, which honors game shows, soap operas and talk shows.

Legendary host

5 **Wayne Brady** presented former game show host **Monty Hall** with the Lifetime Achievement Award.

Everybody

loves Betty

6 Actress/comedian **Betty White** kept the crowd entertained while presenting.

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ISRAEL BROUSSARD

"The Bling Ring" actor plays a teen who finds his true identity trying on Paris Hilton's shoes.

COMING OUT OF THE CLOSET

You think acting is hard? You should try it in pink stilettos. At least, that's a lesson 19-year-old Israel Broussard learned with Sofia Coppola's "The Bling Ring" as Marc, the sole

male member of a group of teens who burglarize a slew of celebrities partly out of greed and partly out of admiration. The story is true — Broussard's Marc is based on Nick Prugo — but Coppola chose to change the names so as to not reward the fame-hungry.

How much did you concern yourself with the actual events?

I really didn't have much interest in meeting Nick Prugo, and I'd say the most I know about him is the video where he's booty-shaking on TMZ, which is the one I re-did. If we were

to meet each other, we'd have to probably fist-bump over that. That's just like, we're bros now.

This film must give you a unique perspective on keeping a level head in Hollywood.

I come from a really good upbringing, so I've got a level head. You know, of course I'm a teenager; I'll do something stupid every now and then. But for the most part, [my parents] made sure I wasn't going to jump off the deep end.

It's nice to see a gay teen character where it's just a part of his personal-

ity instead of being his personality.

I'm glad you see it that way, because that's how we wanted it to be seen. First of all, I'm very open-minded, and I have no problem with anything ... but where I come from, that's still judged. ... And I was kind of worried about going back home. ... What it broke down to was, I wore pink heels in Paris Hilton's closet. I can live with that. I find that now that I've done it, it's like, why was I even worried?



MATT PRIGGE
matt.prigge@metro.us

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So much changed, but a 'Devil' remains

Fiction. A familiar Prada-clad character returns, 10 years later.

The devil is back. And she's still wearing Prada.

Ten years after "The Devil Wears Prada," the main character, Andy, is back for a sequel, "Revenge Wears Prada." Author Lauren Weisberger kicked off the launch this month, complete with pink drinks, champagne and plenty of the alternating red- and white-covered books.

Metro spoke with Weisberger at the Gilt City launch party. She said that after surveying a decade of changes herself, she wanted to explore what Andy's life would be like 10 years on.

In the book, Andy — engaged and now helming her own magazine — encounters fresh challenges of her own right off the

bat, while preparing to walk down the aisle. One of those challenges?

Well, we'll let you guess, but it includes a familiar face.

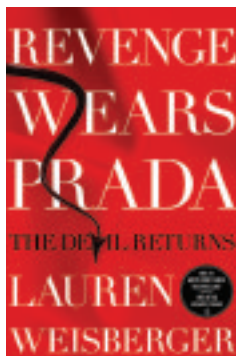
How did you decide to bring back Andy for a new book?

I'd been thinking about it for a really long time. So much happens in all of our lives in 10 years. I just got really curious about what would be going on with Andy and Emily and the whole crew. ... I thought it would be really fun to not just check in with them and pick up their story 10 years later, but to create a whole 10-year backstory, so it was kind of the best of both worlds.

How was it different writing this book than

Quoted

"So much happens in all of our lives in 10 years. I just got really curious about what would be going on with Andy and Emily and the whole crew." Weisberger



your other novels, where you started fresh with brand-new characters?

It was a little strange, but I really liked it. It's great and it's fun to sit down with an empty screen, and you can just start from scratch. For me, the challenge came in wanting to stay true to them, wanting to keep them the same

people that the readers recognized and connected with the first time, but also letting them grow up and face their own obstacles.

What will Andy face in this new book that she wouldn't have faced 10 years ago?

Ten years ago she was wide-eyed, fresh-faced, straight out of college, super naive. And 10 years have gone by, and she's way more experienced in the industry now. She's doing what she loves, which is writing. She's founded this magazine, and I think she's much more confident, much more sure of herself. She's a proper grownup.



ALISON BOWEN
alison.bowen@metro.us



Weisberger let the familiar "Devil" characters grow up. / MIKE COHEN

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TV watch list

Comedienne Jessimae Peluso doesn't mess around on "Girl Code."
MTV

EDUCATION

'Sex: How It Works'

This should clear up a few things we've been confused about. Um, we mean, this special should clear up a few things that you have probably been confused about. **8 P.M., NGC**

COMEDY

'Girl Code'

The premise of this

show about comedien-nes talking about chick stuff is annoy-ing; the execution, however, is surprising-ly great. Tonight, the ladies discuss compli-ments, shopping and hair. **9:30 P.M., MTV**

REALITY

'Mythbusters'

Tonight, the team attempts to bust up a myth about ... explod-ing trousers. Come again? **9 P.M., SCI**
ALEXANDRA CAVALLO

Shakespeare in the

Theater. Neither rain, nor sleet, nor gloom of night ... but maybe a little tropical storm can keep Emily Bergl from performing.

The Public Theater's Shakespeare in the Park is a New York City institution. For 50 years, thespians have alighted in Central Park to perform for all New Yorkers (the tickets, gloriously, are free). And now actress Emily Bergl, who portrays Adriana in "The Comedy of Errors" is part of this grand tradition — even the part where she gets drenched, as there is hardly ever a cancellation due to weather.

June, so far, has not had the nicest weather for

performing at the open-air Delacorte Theater. How have you handled the weather?

We did it on Thursday [June 6] and it rained every second of the performance. There is a point in the show where I fall down flat on my face and I actually came up with rainwater in my mouth. Unless it's a tropical storm with a name, like Andrea, where we had to cancel that night's performance, we are doing the show.

Has it been fun, even in the rain?

Every time I walk into Central Park, I want to sing. It's absolutely magical. We have such a wonderful company — we laugh all day long. It's one of the things that makes living in New York so special. But it's also very hard work.

Does speaking in old

If you go

The Public's Shakespeare in the Park

'The Comedy of Errors' Through June 30
8:30 p.m.
The Delacorte Theater
Central Park
www.shakespeareinthePark.org

Ticket information

Tickets to Shakespeare in the Park are free and are distributed at the Delacorte Theater in Central Park, beginning at noon on the day of each performance. You can also try to secure them through Virtual Ticketing at www.shakespeareinthePark.org.



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Park: The show must go on



Heidi Schreck and Emily Bergl star in The Public Theater's Shakespeare in the Park production of "The Comedy of Errors." / JOAN MARCUS

English use a different part of your acting brain?

In a lot of other plays, you naturally know how to say the lines to make people understand them. But with Shakespeare, you have to think more about how to communicate the message. We're doing a broad comedy, so we can be bold and brave in our physical choices. I was jealous of the men doing all of their fights, so I managed to introduce some physical comedy for myself.

How do you describe "The Comedy of Errors" for those who might not know this certain work of Shakespeare's?

I would say it is a hilarious comedy about mistaken identity with tons of heart. And, well, me.



DOROTHY ROBINSON
dorothy.robinson@metro.us

Q&A

The tickets are always free, but the line to get them starts very early. Any insider tips on getting in?

A lot of people think they have to wait in the ticket line in the morning. But what they should do is get in the cancellation line, so you don't have to go at 6 a.m. I have gotten tickets in the cancellation line. And, hey — the food is so good, even if you don't get in, you can have a glorious picnic in Central Park.

By the numbers

5M

Number of people who have enjoyed Shakespeare in the Park performances at the Delacorte Theater during the past 50 years.

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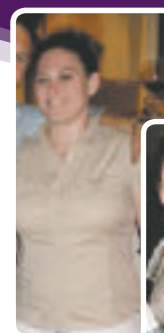
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One lucky U.S. military couple will win the "Timeless Love" wedding package and a six-night VIP stay at Breezes Bahamas Resort & Spa, plus round-trip airfare. Interested couples can submit a two-minute YouTube video on Breezes' Facebook page explaining why they're the most deserving. The deadline for submissions is June 24.

Get fit at these getaways

For ocean waves and meditation



Take yoga in the morning at Blue Osa. / PROVIDED

Blue Osa

Costa Rica offers gorgeous rainforest and ocean views to ease a tough workout, whether you're trying deep yoga bends or doing lunges on the sand. Take things a step past a walk on the beach

at Blue Osa Yoga Retreat and Spa (www.blueosa.com), opened by two New Yorkers who stumbled across the Osa Peninsula property while hosting a yoga retreat in 2007. Their motto is "More than a Vacation, It's a Way of Life," and that way of life pairs you with

a private instructor for seven days in the yoga retreat package, making sure you're amping up strength and stability alongside resting and relaxing. Blue Osa also hosts an annual training for yoga teachers, and every day a morning class is available for all guests.

On the go. From Pilates and yoga to triathlon training, work up a sweat while you get away.

Sure, you would give anything to be reclined on a beach chair, sand on

your toes and a drink in your hand. But three days into a vacation, doesn't the margarita-and-taco diet start to take its toll on your energy level? If the answer is yes, read on for some fitness-focused vacations, where that umbrella-adorned drink will taste even better when you know you worked for it, just a little bit.

For reclaiming both mind and body

BodyHoliday

At St. Lucia's BodyHoliday (www.thebodyholiday.com), they promise that if you give them your body, they'll give you back your mind. Although poolside relaxing is perfectly acceptable, a packed roster of available activities from cycling to aerobics encourages an active vacation. So does a recently renovated

wellness center, which overlooks St. Lucia's royal-blue waters. In June, the resort has a dance-themed workout special, Jive June, and bring the kids from June 30 through Sept. 1, when the Well-Fit Families special welcomes children 12 and older for a week-long, boot-camp-style workout. In November, St. Lucia hosts its annual wellness retreat.

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IT'S SO MIAMI

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For a weekend retreat

Nantucket Yoga Festival

To get your om on not far from home, make plans to visit Nantucket. The second annual Nantucket Yoga Festival (www.nantucketyogafestival.com) takes place July 12-14, and includes well-known yogis like Dharma Mittra, who runs the Dharma Yoga New York Center. Dubbed the top in the world by National Geographic, the festival



The Nantucket Yoga Festival is next month. / PIXEL PERFECT

offers classes from more than 20 instructors. Under a tent at Bartlett's Farm, enjoy ocean views and, after rolling up your mat, a farm-to-table

dinner. Stay in a B&B like The Nantucket Hotel and Resort, which offers free yoga, mats and blocks for guests at the nearby Children's Beach.

For triathlon training



Get race-ready at Sanctuary. / TOM HOPKINS

Sanctuary on Camelback Mountain

For a more intensive workout while away, try out Sanctuary on Camelback Mountain (www.sanctuaryoncamelback.com) in Scottsdale, Ariz.

It hosts a Triathlon Prep Program, which doesn't waste a second of the three days — on the first day, guests meet Olympic medalist Misty Hyman, who will tutor you in swimming endurance and speed. On the second day, go on a guided desert bike ride and on the third, run with a fitness instructor. But

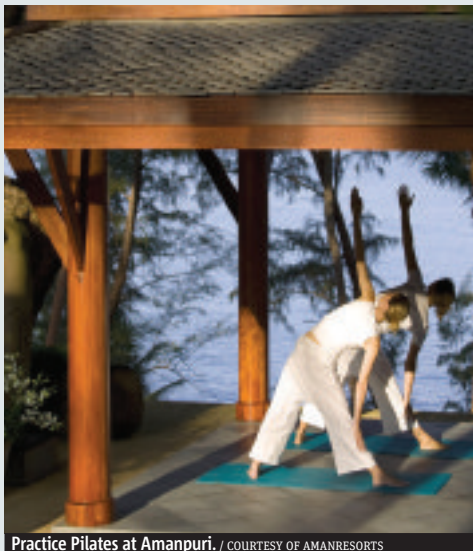
it's not all work — each day ends with a relaxing spa treatment targeting sore muscles. To avoid the desert heat, bookings begin Oct. 1, but Hyman is available for swimming training throughout the summer.

ALISON BOWEN
alison.bowen@metro.us

For far-away fitness

Amanpuri

To really get away, Thailand's Amanpuri (www.amanresorts.com) — which means "place of peace" — boasts a five-night retreat starting July 1 for those wanting an intensive Pilates experience. The Phuket resort's Aman Pilates program targets shoulders and the spine, pelvis and hips. The retreat will focus on boosting your circulation, from connecting you with a nutritionist to the private Pilates sessions that aim to jolt sluggish systems and tone bodies. Deep-tissue therapy is available for the aftereffects.



Practice Pilates at Amanpuri. / COURTESY OF AMANRESORTS

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NORWEGIAN	7-Day Alaska	7-Day Bermuda	7-Day Bahamas	9-Day Caribbean
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Celestix	7-Day Alaska	7-Day Caribbean	12-Day Europe	12-Day Australia
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TRAVEL 24

Your guide to a weekend in Louisville

Louisville is known as the home of the Kentucky Derby, but this eclectic city deserves another accolade: top weekend trip destination for a girlfriend getaway or romantic escape.



Friday: Art and cocktails

Leave in the afternoon to arrive in time for cocktails at your downtown hotel, 21C Museum Hotel, which doubles as a modern art museum. The hotel's founder is a Jack Daniel heir, and her permanent collection is worth a tour whether or not you stay here.

Dine at the hotel's award-winning American restaurant Proof on Main for creative

American standouts like a bison burger, and the locally raised bone-in pork chop. After dinner, saunter across the street to the popular St. Charles Exchange, a bar known for cocktails like gingery Bourbon Buck and Admiral Dawson's 1772 Punch.

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Saturday: Bourbon tasting and stylish shops

Let a car service like Mint Julep Tours do the driving today. First stop: the newly opened Please and Thank You. This cafe-cum-record store is the spot for stellar coffee and habanero egg and cheese rolls. That's the fuel you'll need for the drive out to Maker's Mark. Maker's Mark is one of the closest distilleries to

Louisville, and offers the most memorable tour-and-tasting experience.

At Maker's Mark, you'll explore every step of the production process, and then do a tasting of their signature bourbon, Maker's 46. For lunch, pick up picnic supplies at Toll Gate Cafe and enjoy the pastoral grounds.

After lunch, sip bourbon on the way back to the city. Head out to the stylish NuLu neighborhood, full of hip restaurants and stylish boutique shops.



MAKER'S MARK

Sunday: Brunch and microbrews

Take a cab to the Highland neighborhood to eat Highland Morning's locally renowned Baja Benedict — corn cakes topped with eggs, chorizo and salsa.

Walk off your meal by browsing shops on Bardstown Road. You'll find locally made gifts at Consider and souvenirs at WHY Louisville. End your trip on a mellow note with a microbrew at O'Shea's Irish Pub.



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The adventurer

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creams, which tend to streak while you sweat, Kiehl's Cross-Terrain UV Face Protector has a solid beeswax texture designed to sink into skin, keeping wind and sun damage at bay.



KIEHL'S CROSS-TERRAIN
UV FACE PROTECTOR SPF 50,
\$26, WWW.KIEHLS.COM



The water baby

Are you intending to spend your summer submerged in the sea? Ironically, while you're getting drenched, the salt and chlorine can strip your skin of much-needed moisture, leaving your body feeling parched. The chelator, babassu and tamanu oils in Aveda's Sun Care Hair and Body Cleanser help remove water nasties, while restoring and protecting moisture balance.

AVEDA SUN CARE
HAIR AND BODY CLEANSER,
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Beach boy

While there can be no greater pleasure than a day in the sun, punctuated only by a cooling dip in the sea, lying out has its obvious dangers. Shiseido's Ultimate Sun Protection Lotion + SPF 50 claims to prevent sun spots by shielding inner cells and DNA. It's also water-resistant for 80 minutes — but you should still reapply every two hours.



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Teaching baseball with alien games and singalongs

Sports. A Manhattan organization brainstorms the best ball lessons.

Kids have been learning the right way to run around a baseball diamond for ages.

But one city organization lets them do it while pretending to be aliens.

The Bulldog Ball Club teaches more than just catching a ball — instructors focus on singing and games to teach America's pastime.

Founder Steve DeBlasi says he hopes that teaching the fundamentals in ways that focus more on the fun of the sport will stick with players.

"As they grow older, teaching the older players would be a lot easier," he says. He says teaching kids the right way to play early will help those lessons stay with them.

DeBlasi grew up playing baseball, hoping to play professionally, but an injury sidelined him.

In 2003, he started teaching private sessions, which expanded to group lessons.



Children learn to run around the bases at the Bulldog Ball Club. / STEVE DEBLASI

Quoted

"They're just using their imagination. That's the beauty of kids at that age. They can be so focused, especially in a game like baseball. If you're getting these kids engaged, they'll want to learn, they'll want to come back, and they really, truly enjoy."

Steve DeBlasi

Lessons

What DeBlasi teaches is different from how he first learned to run the bases and catch a ball.

- "In years past, it wasn't as touchy-feely as it is today," he says. For one thing, they used hard balls. DeBlasi uses a plastic ball wrapped in a scarf to teach youngsters to catch popups. "So it actually floats," he says. "If it hits them, it doesn't hurt."

"We really saw a need for the younger players," he says. "Because everybody can teach the older guys how to play baseball."

Their classes are for children ages 3 through 10. Younger students require more creativity, he notes.

"If they want to be aliens or monsters running around the bases," that's fine, he says, "just something that's age-appropriate for the 4- and 5-year-olds, as opposed to telling a 4- to 5-year-old, you need to run to this base."

They tell children instead, for example, that they are a train going through a station, and they can't move on until another train is ready for the station — that's when they can run to the next base.

Instructors teach the same mechanics of the game, he adds, but in different ways — a sing-along about how to learn the bases, for example, or a game modeled on "Duck, Duck, Goose" that is instead "Ball, Ball Strike."

"They're just having fun," he says. "And at the end of the day, or the end of the season, they realize, now they know the rules."



ALISON BOWEN
alison.bowen@metro.us

Love tennis?



Kids can show their skills.

PROVIDED

Try out to be a U.S. Open ball person

City tennis fans looking for a summer job they can boast to friends about might want to show up in Queens this week.

Auditions are Thursday for this year's ball persons for the U.S. Open.

Only 80 positions are available, and those lucky few will get to work near tennis greats like Rafael Nadal and Serena Williams.

Tryouts will be at the Billie Jean King National Tennis Center.

Anyone ages 14 and older can try out. Participants can pre-register online or the day of tryouts starting at 3 p.m.

Evaluations will begin around 4 p.m. after a veteran ball person demonstrates the craft.

Last year, more than 500 people tried out, organizers said.

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Pregnant trainer gives fitness tips



Kristin McGee suggests using bands to stay in shape. / PROVIDED.

Exercise. Here's how to stay happy and healthy during your pregnancy.

After advising countless pregnant clients, Kristin McGee is now taking her own advice.

The celebrity trainer is expecting her first baby in July, and she is keeping fit to feel healthy throughout her own pregnancy.

"Don't be afraid to be a sexy mom," she advises moms-to-be. "Know you can still rock cute outfits that hug your curves. Don't hide in baggy clothes."

Prenatal yoga has helped her, she says, with poses structured to fight the discomforts of pregnancy and breathing exercises to cut stress. But avoid deep poses like a seated spinal twist, McGee cautions.

In her first trimester, yoga helped ease her nausea, she says, and in the second she slept more soundly, another perk she attributes to yoga.

McGee gave Metro five

Tip

Drink lots and lots of water

This one is hard because the trips to the bathroom become more and more frequent, but it's super-important to stay hydrated. Get some naturally flavored waters like Hint or make a big pitcher and add lemons, oranges, cucumbers or berries to it. I drink a lot of caffeine-free teas that are safe during pregnancy and put them on ice as well. Also, coconut water is very hydrating and helpful.

tips on keeping healthy during pregnancy. She's certified in yoga and Pilates, but even if you don't — or can't — regularly hit the gym, McGee's tips will keep you feeling your best:

Keep moving

You may feel tired, nauseated and low on energy throughout your pregnan-

cy, but I promise moving even just in small amounts helps beat fatigue, combat nausea and boost energy.

Do some yoga

I've continued my practice, and I swear it's helped me not only feel better physically, but also mentally. It's also helped me really bond with my body as it changes and with my baby as he grows.

Tone with therabands

These are lightweight yet add resistance. You can sit on the floor, legs straight out in front of you, and loop the band around your feet. Hold each end in your hands and do some low rows, high rows, bicep curls, etc.

Breathe deeply

Give yourself a few moments each day to connect with your breath and tune into your body.



ALISON BOWEN
alison.bowen@metro.us

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Beware of meningitis

Health. Parents might not know to add a vaccination to their kids' summer sports checklist.

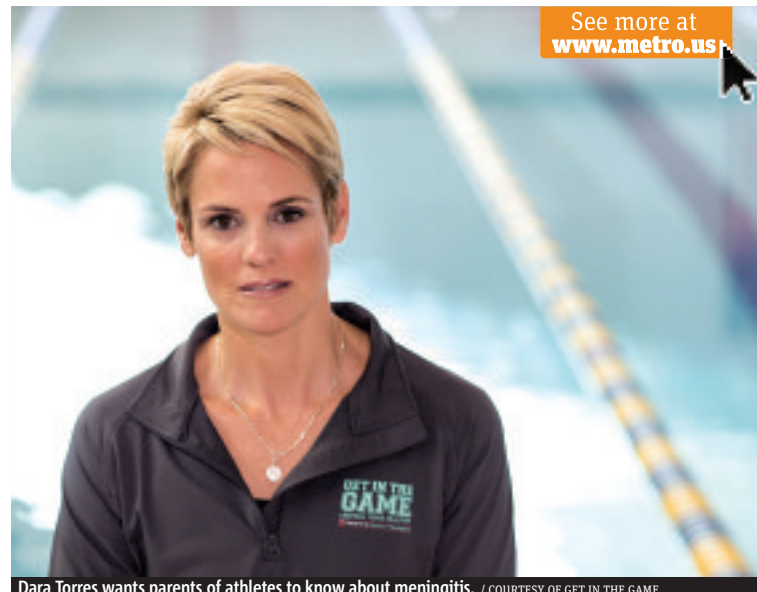
Many parents carefully pack protective gear for summer sports, like helmets and kneepads.

But one thing parents might not think of is a vaccination for meningitis — even though it can spread in close quarters like sports teams, through passed water bottles or shared gym mats.

Twelve-time Olympic medalist Dara Torres is on a mission to amp up vaccination awareness, especially among parents of active children.

"It's easier to contract something like that in shared space," she explains.

Torres, who has a daughter, 7, and 13-year-old twins, got involved



Dara Torres wants parents of athletes to know about meningitis. / COURTESY OF GET IN THE GAME

with the "Get in the Game" prevention campaign after finding out that meningitis can kill a healthy child in as little as 24 hours.

The symptoms ape the flu, causing many to assume it is a cold that will pass.

Parents should discuss a vaccination with their

See more at
www.metro.us

health-care provider, Torres suggests.



ALISON BOWEN
alison.bowen@metro.us

Awareness

Fighting a nasty disease

Baltimore native Rayna Dubose, 29, calls meningitis a "nasty" disease. A rising basketball star, meningitis stripped her of her abilities at age 17, when she was forced to undergo arm and leg amputations.

One day, she was a college freshman who thought she had the flu. Then she was waking up from a three-week coma in the hospital to distraught family members and news of amputations.

"As soon as my freshman year started, it came to a screeching halt," she says. "It was devastating."

Another survivor helping with the "Voices of Meningitis" awareness group, Jamie Schanbaum, 24, from Austin, wants parents to

know that a vaccination could have averted her from losing her fingers and legs.

"This could have been prevented," she says. "No one should have to learn how to walk when you're 20."



RAYNA DUBOSE, LEFT, AND JAMIE SCHANBAUM ARE SURVIVORS URGING MORE AWARENESS.

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Parenting news

Camp out in your backyard (or living room)

Grab your tent and make room in your backyard or, perhaps, your living room.

This weekend is the Great American Backyard Campout, a national event held Saturday to encourage families to enjoy nature together — outside.

Popping a tent in the backyard will also fulfill the American Academy of Pediatrics' recommended one hour of outside play per day, organizers hope.

The National Wildlife Federation suggests making a meal out of the overnight event, roasting pigs in a blanket and dipping strawberries in marshmallow fluff, roasted over a fire, for dessert. Yes, that is part of their suggested camp cuisine!

Go to www.nwf.org for more ideas. **METRO**



Set up some lawn chairs and a tent.
COURTESY OF NATIONAL WILDLIFE FEDERATION

Obese kids losing weight may not be able to keep it off

Programs designed to prevent childhood obesity in the home don't affect kids' weight a year or more down the line, according to a review of the evidence.

But that conclusion comes from only a small number of available studies on the programs,

and doesn't prove that such studies can't work, according to lead author Dr. Nakiya Showell.

"We need additional studies to answer this question, especially studies with a greater number of participants, greater program exposure among participants and longer participant follow-up," says Showell, of Johns Hopkins University School of Medicine in Baltimore.

Other studies have shown that family influence and home environ-

ment play an important role in preventing childhood obesity, which affects about 17 percent of American children, according to the Centers for Disease Control and Prevention.

For the review, the researchers analyzed the results of the six best studies on home-based programs for kids. Three included diet and exercise, one was on diet alone and two also included primary care or school programs. The kids ranged from 2 to 18 years old.

"Most programs involved educating children and their parents or family about healthy diet and physical activity choices (i.e., increasing fruit and vegetable intake, increasing daily physical activity, decreasing TV/computer screen time, etc.)," Showell said via email.

Some, but not all, included actual exercise sessions, she says.

The studies either compared the home-based program to another



Programs to curb childhood obesity might not help later. / FUSE

program or to a comparison group of kids not enrolled in any program. All measured the kids' weight or body mass index (BMI), an indication of body fat percentage, at least one year after the program had ended, to see if it had any effect.

Some of the programs did result in kids eating more fruits and veggies or getting up and moving around more than the comparison groups, but none affected kids' weight or BMI, according to results published in the journal *Pediatrics*. **REUTERS**

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Horoscope

♊ Gemini | May 22-June 20.
Anyone who teams up with you to handle a bold, imaginative endeavor will be considered lucky.

♋ Cancer | June 21-July 22.
The welfare of others is likely to be your prime concern. Even though this is a noble effort, you'll derive benefits from your selflessness.

♌ Leo | July 23-Aug. 22.
You're presently in a cycle where you could realize more than a few hopes and desires. However, nothing will be simply handed to you.

♍ Virgo | Aug. 23-Sept. 22.
Who you know and what you know will prove of immeasurable help in a complicated undertaking. You'll need to utilize both.

♎ Libra | Sept. 23-Oct. 22.
You have a knack for improving upon the ideas of others. You should have ample raw material to draw from at present.

♏ Scorpio | Oct. 23-Nov. 21.
Joint ventures look to be especially promising. You'll be in a position to help further something initiated by another.

♐ Sagittarius | Nov. 22-Dec. 21.
Friends will find you to be refreshingly honest. What you say will have impact.

♑ Capricorn | Dec. 22-Jan. 20.
You're in a very good achievement cycle, so don't waste your valuable time on insignificant objectives. Go after the biggest game.

♒ Aquarius | Jan. 21-Feb. 18.
That wheel of fortune seems to be spinning in your direction. What it can do for you first needs to be recognized and then taken advantage of, so be alert.

♓ Pisces | Feb. 19-March 20.
Some fortunate developments might occur that won't be orchestrated by you, yet will produce advantages.

♈ Aries | March 21-April 20.
If you have something that needs to be worked out, avoid discussing it with the multitude, which would only prove confusing.

♉ Taurus | April 21-May 21.
Instead of asking someone to take care of an issue that could affect your security, do it yourself.
BERNICE BEDE OSOL

Sudoku: Easy and hard

1		3			6	7		5
					9		4	6
					7	3	1	
	2		6		4			
	3			9			8	
			2		3		6	
	9	6	7					
4	7		9					
5		1	4			9		7

5			1					8
9			5			6	2	
8	4				6			9
2				5				
	5	7				2	9	
				7				5
7			3				4	2
	8	6			4			7
3					5			6

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Alpha, beta, —
- 6 Hunter's wear
- 10 Blunder
- 14 Red-ink entry
- 15 Soprano's neighbor
- 16 Gem of superstition
- 17 Meager
- 18 Big rig mishap
- 20 River in a waltz
- 22 Della or Pee Wee
- 23 Finn's neighbor
- 26 Canister
- 27 Focused
- 28 Prize opportunity (2 wds.)
- 33 Run-ins
- 34 Humid
- 35 Pay dirt
- 36 Beavers' young
- 37 Ground grains
- 38 Form droplets
- 39 New Haven alum
- 40 Pro wrestler King Kong —
- 41 Like some alleys
- 42 Seemly
- 44 Drop sharply
- 45 Storage unit
- 46 Treated unjustly
- 47 Fishing lure
- 50 Lawyer's customer
- 52 Minor matter (3 wds.)
- 54 Artemis, to Pliny

Down

- 58 Purple flower
- 59 Over with
- 60 Deduce
- 61 Housefly or ant
- 62 Clucks
- 63 Wading bird
- 1 Mdse.
- 2 NRC predecessor
- 3 Exec's degree
- 4 Attitudes
- 5 Reaches
- 6 Louisiana cuisine
- 7 Part of UAE
- 8 PC adjuncts
- 9 Paneling wood
- 10 Hopeless cases
- 11 Mayberry kid
- 12 Bumpers
- 13 Skedaddle
- 19 — Kat
- 21 Natalie's father
- 23 Took a flier
- 24 Clean one's desk
- 25 Fixed and unmoving
- 26 Lively dances
- 28 Thigh muscles, in the gym
- 29 Like gargoyles
- 30 Garden chore
- 31 Popsicle flavor
- 32 Hitched
- 34 Cafe handout
- 37 Unstable lepton
- 38 Dulling
- 40 Get, pricewise
- 41 Dagwood's wife
- 43 Orchestra member
- 44 Game or season opener
- 46 Vamp's inventory
- 47 Fabric sample
- 48 Sponge feature
- 49 Ginza purchases
- 50 Business VIPs
- 51 Rangy
- 53 Banned bug spray
- 55 Windhoek's cont.
- 56 Social Register word
- 57 Museum contents

Yesterday's answer



Letters

Get Snowden

Edward Snowden's lame explanation as to why he leaked classified information to our enemies is a simple "snow job." He should be prosecuted to the fullest extent of the law. Whether he gets jail time or the death sentence for leaking sensitive, classified top secrets depends on how well our military laws are put forth in prosecuting Snowden and others willing to sell this great nation down the river for

their twisted gratification. **HERB STARK, VIA EMAIL**

What's faith done for anyone?

Re: 'Show a little efforting respect' (Metro, June 14-16) People are so easily offended nowadays. To claim that Jesus is a deity is a matter of opinion. The fact that this is put on such a high pedestal is beyond me. People fighting over religion is ridiculous. The root cause of most wars is religion, so tell me, what good is it?

AMANDA CANETTI, VIA EMAIL

Online

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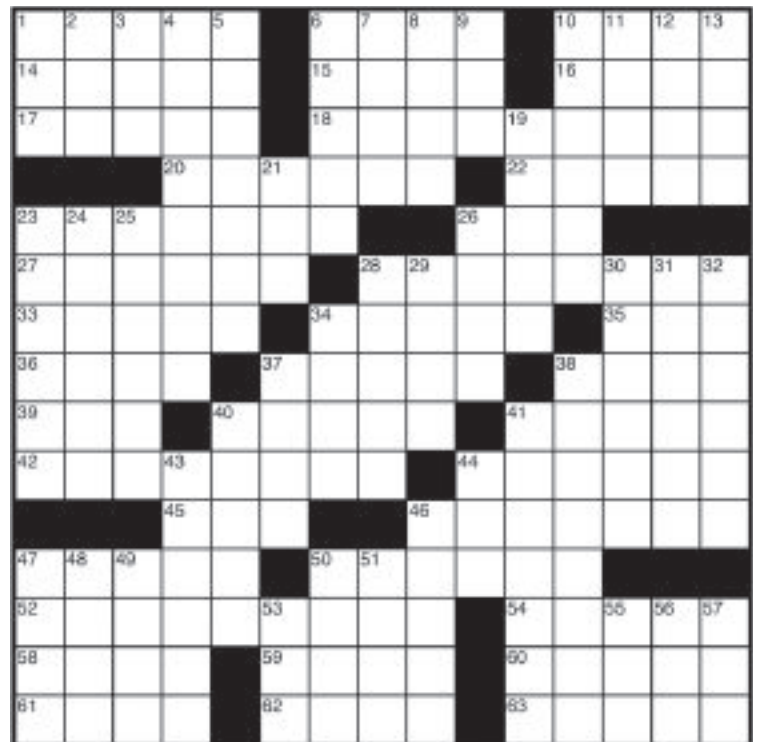


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Ryan, Idzik playing role of league's 'Odd Couple'

NFL. The coach and general manager have formed an unlikely bond despite obvious differences.

Following two seasons without a winning record or playoff appearance, Jets head coach Rex Ryan would seem to be on the proverbial coaching hot seat. But hot seat or not, Ryan is still one of the biggest selling points of the franchise.

Inserted into the mix this offseason is his complete opposite — buttoned-up new general manager John Idzik. But the man who could fire Ryan has instead partnered up with him to form “The Odd Couple” of the NFL.

“He’s been fantastic. From Day 1, I kind of jumped in midstride, we started hiring coaches together, interviewing and hiring coaches together, going through free agency, evaluating our roster, the draft, post-draft signings, minicamp and now we’re getting into more football type things,” Idzik said. “In a very condensed period of time, we’ve had varied experiences togeth-

Signing up

Dawan Landry played for Ryan when he was defensive coordinator in Baltimore. His brother LaRon Landry started at safety for the Jets last year and said at the start of OTAs Ryan was a big part of why he came to the Jets.

- “I was the one who told [LaRon] about Rex when he was thinking about coming here. He just makes it fun and he’s a great coach,” Dawan Landry said. “But he also knows his defense and he knows how to play the game of football. So when you have a coach like that, who can really coach but does it a way that you want to play for him, it was a no-brainer for me to come here.”

er and it’s all been good. ... I think he’s been energized; he’s a great teacher. My observation is that he has been energized by the whole thing. Certainly I’ve been, too.”

Ryan enters his fifth year in New York with a regular-season record of 34-30. But it was the first two years when he made



Ryan, no stranger to loud proclamations, has bought Idzik’s show-don’t-tell way of doing things. / GETTY IMAGES

Quoted

“He’s a joy to work with. Moreover, he makes it fun.”

John Idzik, Jets general manager
On his working relationship with head coach Rex Ryan

the playoffs and posted a cumulative playoff mark of 4-2 earned Ryan the lion’s share of his reputation as an NFL head coach. His honeymoon with the media has worn off, as has the love affair he once had with the team’s jaded fan base. A losing record this year, even as the team is rebuilding, might be enough

to send him out the door.

A source within the organization tells Metro, “Rex has bought into Idzik. Whatever direction John came in with, Rex was more than eager to complement.”

KRISTIAN DYER
sports@metro.us

Not so fast

Cashman changes tune on Teixeira

One day after the Yankees said they weren’t planning to place Mark Teixeira on the disabled list with his reaggravated wrist injury, they’ve taken a slightly more negative tone.

Brian Cashman spoke to reporters on a conference call and said they may need to give Teixeira more than a few days off.

“I’m leaning, personally, toward a disabled list there,” Cashman said.



Cashman would not rule out surgery. / GETTY IMAGES

An MRI on Sunday showed no further tear to the right wrist sheath which kept Teixeira out for two months. He already received a cortisone shot to treat inflammation.

MARK OSBORNE

RU serious?

Hermann takes over at Rutgers

New athletic director Julie Hermann began her position with Rutgers yesterday despite the controversy surrounding the hire.

Hermann has dealt with two scandals since her hiring last month, including one of abusing players she coached at Tennessee.

“I’ve already rolled up my sleeves, and I can’t wait to get to work with you,” Hermann wrote in a letter to athletes. **METRO**

MLB. Wheeler meets with media ahead of debut start for Mets

Zack Wheeler knows he has a lot to live up to in the eyes of Mets fans. He just hopes he doesn’t have only one start to do so.

“I don’t think I’m the savior at all,” Wheeler told reporters yesterday in his first press conference with Mets reporters. “I’m just trying to come up here and play the best that I can, help out the team any way I can. I know people are going to scrutinize.”

If anything, the debut

of Matt Harvey last summer — and subsequent star turn in 2013 — has raised the bar for Wheeler, who was ranked the No. 8 prospect in baseball by MLB.com prior to the season.

“He set the bar so high because he just took off once he came up here,” Wheeler said. “Hopefully I’ll do well and just be up there with him.”

Wheeler will start the second game of today’s doubleheader. **METRO**

3

SPORTS



What's up Doc?

Celtics still talking swap

The Celtics and Clippers are still discussing a blockbuster trade that would send Kevin Garnett to Los Angeles along with head coach Doc Rivers. They would receive DeAndre Jordan and some combination of draft picks back. The Clippers are still refusing to include Eric Bledsoe in any deal.

Watch online



Catch highlights of Zach Wheeler’s Mets debut tonight at Metro.us/sports

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DIRECTORY

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- Decreased in amount of ejaculate (cum)

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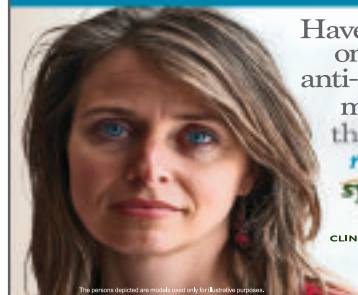
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MLB power rankings | by Ryan Hannable

No. 1

Cardinals (44-25)

The Cardinals continued their consistent play and remain at the top of the rankings this week. They could have fallen out of the top spot by playing their last nine games on the road, but they went 5-4 in that stretch and maintained their major league best plus-102 run differential, as well as the best road record in all of baseball at 25-13.



No. 4

Reds (42-28)

A 5-2 week meant they kept pace with the division-leading Cardinals, but the Reds cannot gain much ground on them.



No. 5

Braves (41-28)

Atlanta took the final two games of its week-end series with the Giants, but those were its only two wins this week.



No. 7

Orioles (40-30)

Baltimore won three of four games against the Red Sox this weekend and are now in second place in the AL East.



No. 8

Tigers (38-29)

After struggling for a few weeks, the Tigers have turned things around and have a stranglehold on the AL Central.



No. 10

Yankees (38-31)

It wasn't the best of weeks for the Yankees as they lost five in a row on their West Coast trip before winning Sunday.



No. 11

Rockies (37-33)

After a .500 week, the Rockies sit a half game behind NL West-leading Arizona, but have won four of their last seven.



No. 13

Rays (36-33)

A 2-5 week has the Rays in fourth place in a very competitive AL East. But their offense has been scuffling of late.



No. 14

Padres (35-35)

The Padres made the biggest jump of any team this week, moving up four spots thanks to a six-game win streak.



No. 2

Red Sox (42-29)

Even though the Sox dropped three-of-four to the Orioles, they still move up a spot with their success over the Rays.



No. 3

Athletics (42-29)

The A's continue to surprise the baseball world and are now atop the AL West following a sweep of the Yankees.



No. 6

Pirates (41-28)

The Pirates continue to hang tough in the difficult NL Central, trailing the Cardinals by just three games after Sunday.



No. 9

Rangers (38-31)

Texas had the worst week of the top teams in the rankings and dropped five spots. They've lost six in a row.



No. 12

D-Backs (37-32)

Despite being swept by the Padres over the weekend, the Diamondbacks still lead the NL West by the slimmest of margins.



No. 15

Nationals (34-34)

Even though the division-leading Braves struggled this week, the Nats couldn't gain any ground as they went .500.



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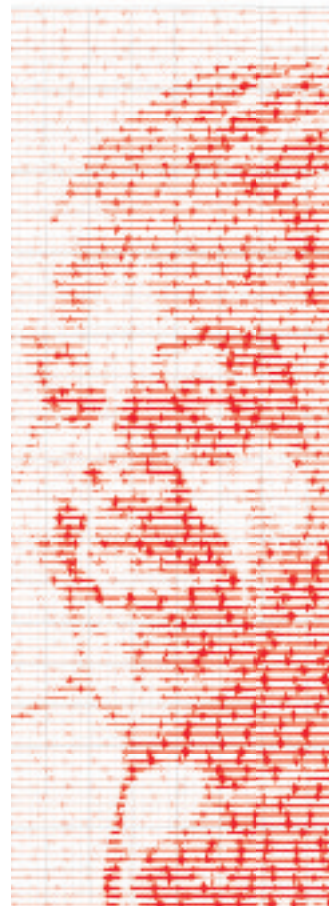
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